



after-school program

healthy body
healthy mind



Bringing you the  Heart and Soul of Taekwondo training...



Pick up from your child's school.

Dedicated time for snack, homework and other TMA activities.

Quality Taekwondo training from the Masters.

Running late? Late pick up to 6.30pm available at no additional charge.

Full-time and part-time registrations available.
Please call on 905-997-8622 to find out if we pick up from your child's school.

E: infotmacanada@gmail.com | W: tmacanada.ca